ISPN INDIA
Indian Society Of Psychiatric Nurses (Reg.)

SHARDA UNIVERSITY
Beyond Boundaries
NAAC A+ ACCREDITED

ANNOUNCES

25th National and 4th International ISPN conference

ISPNC 2026

Date: 23rd, 24th & 25th February 2026

Venue: Sharda School of Nursing Science and Research
Sharda University, Delhi NCR

Theme:

Access to services : Mental health and catastrophes and emergencies - Empowering nurses

Uttar Pradesh Nurses & Midwives Council has granted - 4 Credit hours

Email: info@ispnindia.org
Website: www.ispnindia.org

About our identity

The name of University, 'Sharda' is synonymous with 'Goddess of knowledge and learning - Saraswati'. She is identified with 'veena' an Indian musical instrument and the 'lotus' where she resides. The lotus in our logo symbolizes the seat of learning that the University is created for. The variety of colours in the logo represents the wide range of disciplines covered at Sharda, while the overlap between petals symbolizes the collaborative spirit within our community. It signifies how students and faculty from diverse programmes, nationalities, and backgrounds come together, merging ideas and perspectives to create new knowledge and drive innovation. This unity and collaboration are at the heart of our educational ethos.

The petals leading toward a star are an embodiment of the University's cherished mission to provide education beyond boundaries and to facilitate the students and faculty to achieve pinnacles of success throughout the world!

Overview

Sharda University, a flagship institution of the Sharda Group, is guided by Jain values that shape its vision, mission, and commitment to ethics, education, and social responsibility. Since its establishment in 2009, the university has emerged as a leading center for education, research, and innovation in India. Its academic excellence is reflected in its recognition among South Asia's top institutions in the QS Asia University Rankings 2024, A+ accreditation by NAAC, and a NIRF ranking of 86.

The Sharda School of Nursing Science and Research (SSNSR) is a key constituent of the university, dedicated to developing competent, compassionate, and ethical nursing professionals. The School emphasizes quality education, research, leadership, and holistic healthcare, with a strong focus on community service and evidence-based practice. Through academic excellence and clinical exposure, SSNSR prepares nurses to meet contemporary healthcare challenges, including mental health care, disaster preparedness, and emergency response at national and

Beyond rankings, Sharda University is a vibrant global community with students from over 95 countries, fostering a multicultural learning environment that encourages innovation, inclusivity, and global collaboration. Guided by the motto "The World is Here, Where Are You?", the university empowers students not only with knowledge but also with the values and skills needed to emerge as responsible professionals and global citizens.

Indian Society of Psychiatric Nurses (ISPN India)

Indian Society of Psychiatric Nurses (ISPN) is a professional society registered under the Karnataka Societies Registration Act in the year 1991. The objectives are to achieve proficiency in mental health nursing practice utilizing strong evidence through scientific research in psychiatric nursing. ISPN has conducted 24 national and three international conferences on various aspects of mental health nursing. The society also publishes the Indian Journal of Psychiatric Nursing biannually which is a recognized journal in UGC Care list, DOAJ and a renowned nursing journal.

About the conference

The 4th International and 25th Annual conference of ISPN is being organized from 23rd to 25th February 2026 at Sharda University, Greater Noida. The theme of the conference is Access to services : Mental health and catastrophes and emergencies - Empowering nurses . This is a unique event for all the members and those interested in mental health across life span. The aim of this event is to provide an opportunity for all participants to discuss about current issues related to mental health and practice, share scientific evidence and experiences and discuss future plans. The Conference will be organized at the Sharda University, Greater Noida, with the participation of eminent scholars from all over India and overseas who are experts in their respective fields who can share their knowledge with the delegates participants through scientific deliberations. The aim of this conference is to share knowledge, experiences and good practices related to mental health promotion across life span and role of nurses and other healthcare professionals.

Places to visit near

Surajpur Bird Sanctuary

The Grand Venice Mall

Qutub Minar

Swaminarayan Akshardham

Taj Mahal

Agra Fort

India Gate

Dilli Haat

Pasar Chandni Chowk

For more details: https://delhitourism.gov.in/

Instructions for participants

Paper/Poster Presentation

Guidelines for Scientific Paper/ Poster Presentation:

The abstract is to be submitted in English Language, with 12-point font (Times New Roman), 1.5 spacing, maximum 250 to 300 words highlighting the objectives, methodology main findings should be submitted through ONLINE Link: https://ispnindia.org/poster-paper-submission/ on or before 5th February 2026 till 5:00 PM.

Relevant articles related to theme or sub theme will be selected by the respective committee members for presentation will be informed through mail.

Criteria for Scientific Paper Presentation

No. of PPT slides: 15 -20

Time for presentation: 10 minutes (8 minutes for presentation 2 minutes for discussions.)

Criteria for Poster Presentation

Technical specification for E-Poster preparation

File Format: PPT file – 1 page is recommended

Orientation: Please create your document in PowerPoint in Landscape Layout 16×9

Font types: Arial, Calibri, Verdana Times New Roman or Helvetica

Font size: > 11

Hyperlinks, animated images, animations and embedded videos are not permitted.

Images and tables: at least 200 dpi. Good picture quality is essential.

When inserting images, photos, tables, etc., use copy-paste. Do not use embedded documents.

Avoid overlapping objects and layers. Only the final view/status will be visible.

SUBMIT HERE

https://ispnindia.org/paper-poster-submission/

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Programme Schedule

Day 1: 23/02/2026 Monday

Day	Time	Sessions / Events	Topic	Speaker	Chairperson	Venue
Day 1	08.00 to 08.45 am			Registration		
23 Feb 2026 **Monday**	08.45 to 09.00 am			Commencement of sessions by Dr K Reddemma, Patron, ISPN		
	09.00 to 09.45 am	Session 1	**Mental Health in Disaster Preparedness: Current Status and Challenges**	Dr Achla Dagdu Gaikwad Assistant Professor, Psychiatric Nursing, Assistant Registrar Academics Institute of Human Behaviour and Allied Sciences IHBAS, Delhi	Dr. Radhakrishnan. G Additional Professor, Dept of Nursing, NIMHANS, Bengaluru	Anand Swaroop Auditorium (Block – 45) 4th Floor
	09.45 to 10.30 am	Session 2	**Peer Support Frameworks for Nurses in Disaster Settings**	Ms. Virtu Chongtham Associate Professor (Psychiatry Nursing) Centre of Excellence Government Medical College & Hospital Chandigarh, India	Dr Fabiola M. Dhanaraj Principal/Professor, Meenakshi College of Nursing, Meenakshi Academy of Higher Education (Deemed to be University) Chennai, Tamil Nadu	
	10.30 to 11.15 am	Session 3	**Nurse-Led Mental Health Care in a Disaster Setting.**	Mr Raghunath .M Senior Nursing Officer & PhD Scholar (PsychoSocial Support in Disaster Management) NIMHANS, Bengaluru.	Dr Jayanthi K N, Lecturer, College of Nursing, NIMHANS, Bengaluru	
	11.15 to 11.45 am			"Short oral communication" / Tea		
	11.45 to 12.30 pm	Session 4	**Ethical and Medico-Legal Issues in Disaster Mental Health Practice**	Mr Rahul Pandey Legal Adviser Sharda University	Dr Naveenkumar Sharma, Faculty of Nursing, College of Nursing, AIIMs Patna Bihar.	Anand Swaroop Auditorium (Block – 45) 4th Floor
	12.30 to 01.15 pm	Session 5	**Community Resilience and Psychosocial Recovery: Nursing Perspective**	Col Keka Chatterjee (MNS) Prof and Principal, College of Nursing, Army Hospital (R&R) Delhi Cantt	Dr. Reena George Head, Department of Psychiatric Nursing, Institute of Mental Health & Neuro Sciences (IMHANS),	
	01.15 to 02.15 pm			Lunch		
	02.15 to 03.00 pm	Session 6	**Developing competency: Mental Health in Catastrophes & Emergencies - guidelines of WHO(Geneva)**	Dr Sandhya Gupta Health consultant (NHSRC, GoI) and Lifestyle Coach. Formerly Principal (actg.) And Associate Professor, College of Nursing AIIMS, New Delhi.	Dr. Binu Mathew Professor cum Principal College of Nursing AIIMS Raipur Chhattisgarh	Anand Swaroop Auditorium (Block – 45) 4th Floor
	03.00 to 04.00 pm			Scientific paper/Short oral communication presentation 1st floor-102, 3rd Floor –Sem-1, Lab-1,Lab-3		Anand Swaroop Auditorium
	04.00 to 05.00 pm			National quiz competition		Anand Swaroop Auditorium (Block – 45) 4th Floor
	05.00 to 05.30 pm			Tea		
	05.30 to 07.00 pm			Inaugural function Cultural programme and dinner		

Day 2: 24/02/2026 Tuesday

Day	Time	Sessions / Events	Topic	Speaker	Chairperson	Venue
Day 2 **24 Feb 2026** **Tuesday**	09.00 to 09.45 am	Session 7	**Community-based Innovative Mental Health Rehabilitative Services**	Dr Amrita Roy Assistant Professor Jindal Institute of Behavioural Sciences O. P. Jindal Global University Sonipat, Haryana	Dr. Arunjyoti Baruah Prof & HoD, Dept of Nursing, LGBRIMH Tezpur, Assam	Anand Swaroop Auditorium (Block – 45) 4th Floor
	09.45 to 10.30 am	Session 8	**Building Nurse Resilience: Managing Burnout and Trauma**	Dr.Anviti Gupta Dean School of Humanities Sharda University	Dr. Janarthanan. B, Faculty of Psychiatric Nursing, College of Nursing, JIPMER, Puducherry.	
	10.30 to 11.15 am	Session 9	**Care beyond repair: social suffering, meaning and hope in times of despair**	Dr Mayane Haushahn Bueno, (Federal University of Rio Grande do Sul, Brazil) Asst Prof of Sociology, Sharda University.	Dr Usha Marath Professor cum Principal, Lisie College of Nursing, Lisie Hospital, Ernakulam, Kerala, India.	
	11.15 to 11.45 am			“Short oral communication” / Tea		
	11.45 to 12.30 pm	Session 10	**Capacity-Building Models for Emergency Mental Health Nursing**	Dr Jayakumar C Additional Professor, Dept of PSS in Disaster Management, NIMHANS, Bengaluru	Dr Suresh K Sharma Consultant, Clinical & Nursing Informatics, Research and Development at C-DAC, Pune, Maharashtra	Anand Swaroop Auditorium (Block – 45) 4th Floor
	12.30 to 01.15 pm	Session 11	**Culturally Sensitive Approaches in Post-Disaster Mental Health Care**	Dr Sujata Satapathy Professor Clinical psychology Dept. Of Psychiatry AIIMS, NEW DELHI	Brig Punita Avnesh Sharma (Retd) Technical Director HRH Jhpiego India. Dr Rajratan Assistant Professor, College of Nursing, AIIMS, Bhopal	
	01.15 to 02.15 pm			Lunch		
	02.15 to 03.00 pm	Session 12	**Rights-Based Nursing Advocacy in Emergency Psychiatry**	Dr Rajesh Sagar Professor Dept. Of Psychiatry AIIMS, NEW DELHI	Dr Sandhya Gupta Health consultant (NHSRC, GoI) and Lifestyle Coach. Formerly Principal (actg.) And Associate Professor, College of Nursing AIIMS, New Delhi. Dr Sushil Kumar Maheshwari Asso Prof (Dept. of Psy Nsg) Principal (off.), CoN, Ins of Human Behaviour & Allied Sci (IHBAS), Delhi	Anand Swaroop Auditorium (Block – 45) 4th Floor
	03.00 to 04.30 pm	**Workshop: Psychological First Aid in Advancing Nursing Practice:** **Resource persons:** Dr Jayanthi K N, Lecturer, College of Nursing, NIMHANS, Bengaluru Mr Yogesh Kumar C, Lecturer, College of Nursing, NIMHANS, Bengaluru Dr Rajalakshmi R, Clinical Instructor, College of Nursing, NIMHANS, Bengaluru **Hands-on Training on Psychological First Aid**		**Symposium 1: Post Disaster Psychosocial Rehabilitation, Recovery, and Resilience Building** **Chairperson:** Mr Ghanshyam Jangir, Dean, RUHS **Moderator:** Dr Jothimani G, College of Nursing, NIMHANS **Seminar on Acceptance and Commitment Therapy Resource Person:** Dr Chrishma	**Good Practices**: Anand Swaroop Auditorium (Block – 45) 4th Floor **Workshop:** 1st Floor – 102 **Symposium:** 3rd floor- Lab 1 **Seminar:** 3rd Floor - Lab3 **Scientific Presentation:** 3rd Floor- Sem 1
		Good Practices: Chair person : Dr. Arunjyoti Baruah, Prof and HoD, Dept of Nursing, LGBRIMH, Tezpur Dr. Sharmila Jayapalan,v Prof and HoD, CoN, Dayananda Sagar University, Bangalore			
	04.30 to 05.00 pm			Tea		
	05.00 to 06.00 pm			Annual General Body Meeting- Dr G Radhakrishnan & Dr G Balamurugan		Anand Swaroop Auditorium 4th Floor

Day 3: 25/02/2026 Wednesday

Day	Time	Sessions / Events	Topic	Speaker	Chairperson	Venue
Day 3 **25 Feb 2026** **Wednesday**	09.00 to 09.45 am	Session 13	**Digital Tools for Mental Health Care in Catastrophes & Emergencies - Tele MANAS experience**	Dr G Balamurugan Asst Prof of Nursing, Tele MANAS NIMHANS Bangalore	Dr. Rajeshkumar Associate Professor College of Nursing, AIIMS, Rishikesh	Anand Swaroop Auditorium (Block – 45) 4th Floor
	09.45 to 10.30 am	Session 14	**Code lavender**	Col S G Jyothy(Retd) Head Training and Development, Spoorthy Integrated Solutions	Dr Muthuvenkatachalam Associate Professor, College of Nursing, AIIMS, Mangalagiri	
	10.30 to 11.00 am			"Short oral communication" / Tea		
	11.00 to 12.00 pm	Session 15	**Panel discussion** **Bridging the Gaps in Mental Health Financing, Workforce & Services – Evidence from the WHO Atlas 2024**	**Moderator**: Dr Radhakrishnan. G, Additional Professor, Dept of Nursing, NIMHANS, Bengaluru. **Panelists:** 1. Dr. Veereshkumar Nandagaon 2. Mr Sumit D. Khare 3. Dr Dinesh Selvam		Anand Swaroop Auditorium (Block – 45) 4th Floor
	12.00 to 01.00 pm			Valedictory function		
	01.00 to 02.00 pm			Lunch		

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Registration Fee Details:

Category of Delegate	Registration Fee		
	Early Bird (till 15/02/2026)	From 16/02/2026 to 22/02/2026	On spot
ISPN Members (Life and Associate Members)	4000	4500	5000
Non-ISPN Members	5000	5500	6000
Nursing Students (Post Graduate)	2500	3000	3500
Foreigners	125 USD	150 USD	175 USD

Register Here

https://ispnindia.org/ispnc2026/