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REGISTRATION

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SUBMIT PAPER / E-POSTERS

## Places to Visit in Puducherry



Auroville



Aurobindo Ashram



Manakula Vinayagar Temple



Paradise Beach



Basilica



Gandhi Statue

## REGISTRATION FEES DETAILS

Categories	Before 31.12.2024	01.01.2025 to 06.02.2025	On Spot
Members (LM and ALM)	4000	4500	5000
Non Members	5000	5500	6000
Students	2500	3000	3500

Registration to be done through <https://ispnindia.org/ispnc25/>

\*Accommodation charges are not included in the registration fee & will be paid by delegates directly to the opted occupancy facility.

## PROGRAMME SCHEDULE

DAY	TIME	SESSION / EVENTS
DAY 1 07.02.2025	08.30 am - 09.30 am	Registration / Breakfast
	09.30 am - 10.30 am	Session 1
	10.30 am - 11.30 am	Session 2
	11.30 am - 12.00 pm	Tea
	12.00 pm - 01.00 pm	Session 3
	01.00 pm - 02.00 pm	Lunch
	02.00 pm - 03.00 pm	Session 4
	03.00 pm - 04.00 pm	Scientific Paper Presentation - Concurrent Session
	04.00 pm - 04.30 pm	Tea

DAY	TIME	SESSION / EVENTS
DAY 2 08.02.2025	08.00 am - 09.00 am	Breakfast
	09.30 am - 10.00 am	Session 5
	10.00 am - 11.00 am	Session 6
	11.00 am - 11.30 am	Tea
	11.30 am - 12.30 pm	Session 7
	12.30 pm - 01.30 pm	Session 8
	01.30 pm - 02.30 pm	Lunch
	02.30 pm - 03.30 pm	Scientific Paper Presentation - Concurrent Session
	03.30 pm - 04.00 pm	Tea
	04.00 pm - 05.00 pm	AGB Meeting
	05.00 pm - 06.00 pm	Inaugural Function
	06.00 pm - 07.30 pm	Cultural
	07.30 pm Onwards	Dinner

DAY	TIME	SESSION / EVENTS
DAY 3 09.02.2025	08.00 am - 09.00 am	Breakfast
	09.00 am - 10.00 am	Session 9
	10.00 am - 11.15 am	Session 10 - Panel Discussion
	11.15 am - 11.45 am	Tea
	11.45 am - 01.00 pm	Valedictory Function
01.00 pm - 02.00 pm	Lunch	

Note : Refer website for updates



## THE FIRST NATIONAL CONFERENCE OF COLLEGE OF NURSING, IGMC&RI & 24<sup>th</sup> Annual Conference OF INDIAN SOCIETY OF PSYCHIATRIC NURSES

# 24<sup>th</sup> ispnc 2025, PUDUCHERRY

February 7<sup>th</sup> -9<sup>th</sup>, 2025

Theme : 'It is Time to Prioritise Mental Health in the Workplace'

Venue: **AUDITORIUM**

**Indira Gandhi Medical College & Research Institute**

Kathirkamam, Puducherry





### CHIEF PATRON

**Dr. C. Udayashankar**, Director, IGMC&RI

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CON, IGMC&RI

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Faculty in Nursing,  
CON, IGMC&RI

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99941 96830

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**Ms. S. Vasanthi**  
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**Ms. S. Chitra**  
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#### RECEPTION

**Ms. S. Praveena**  
75026 56236  
**Ms. M. Anitha**  
89409 19142

#### CATERING

**Dr. Noorul Alam**  
98437 79210  
**Ms. R. Suriyadevi**  
97895 45560

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**Ms. S. Rajbhanu**, 88070 08286  
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#### FELICITATION & MC

**Dr. N. Nirmala**, 97892 28690  
**Dr. V.V. Sindhu**, 90477 35500

### Dear Professional Colleagues & Students...

Warm regards from the City of India's little France....!!

On behalf of College of Nursing, Indira Gandhi Medical College and Research Institute, it is our immense pleasure to invite you for the 24<sup>th</sup> Annual Conference of ISPN India to be held on 7<sup>th</sup> to 9<sup>th</sup> February 2025.

Indira Gandhi Medical College and Research Institute, was established under the aegis of Perunthalaivar Kamarajar Medical College Society by the Government of Puducherry in the year 2010 and is affiliated to the Pondicherry University, a Central University. It is located in the heart of the city of Puducherry around 150 kms from Chennai. It offers both undergraduate and postgraduate courses in the field of medicine.

### COLLEGE OF NURSING, IGMCRI

The College of Nursing, IGMCRI was established from the academic year 2023-24, by the Government of Puducherry. It offers undergraduate program in nursing to meet the diverse needs of the health care sector at low cost. Hands-on-training is given to the students at the 1000-bedded parent hospital, as well as in allied urban and rural health centres to prepare global nurses. The College of Nursing is having a vision of starting post-graduate and post-diploma courses in future.

### SUBTHEMES

- ❖ Workplace stress- a silent killer
- ❖ Prioritizing mental health in the workplace- an integrated approach
- ❖ Reframing employee health - moving beyond burnout to holistic health
- ❖ Mental health first aid - missing piece in the workplace
- ❖ Challenges in providing workplace mental health - strategies to overcome
- ❖ Healthy organizational culture - mental health at the workplace
- ❖ Measures to reduce burnout, burden, conflicts, and time management in the workplace

- ❖ Positive attitudes of employers in enhancing workplace mental health
- ❖ Work-life balance
- ❖ Strategies for managing workplace stress and burnout
- ❖ Role of individuals, organizations, society, and policymakers in workplace mental health
- ❖ Building resilience and self-care strategies

### INVITATION FOR ABSTRACTS

Research papers related to theme and sub-themes are invited for the paper/e-poster presentation. Last date for online submission of paper/short oral communication (e-poster)-5:00 pm, 15.01.2025. Forty quality research papers will have an opportunity to enter the paper/poster competition.

The best paper/poster shall be awarded and also have an opportunity to get published in the UGC Care List Indexed Indian Journal of Psychiatric Nursing ([www.ijpn.in](http://www.ijpn.in))

### INSTRUCTION FOR THE PARTICIPANTS

The abstracts are to be submitted in the English language typed on A4 size paper with 12 point font, 1.5 spacing, maximum 250 words highlighting the objectives, methodology and main findings may be submitted before 5:00 pm, 15.01.2025 through ONLINE ONLY (<https://ispnindia.org/paper-poster-submission/>).

The participants must register for the conference. The platform presentation time will be 10 min(8 min presentation + 2 min discussion).

### SARLA KAPUR AWARD PAPER PRESENTATION:

Abstract and full text paper submission for SARLA KAPUR-AWARD is invited from young nurse scientists in the area of Mental Health Nursing.

- ❖ Note: Minimum entry 5

Upload on or before 5:00 pm, 15.01.2025 through the ONLINE PORTAL (<https://ispnindia.org/sarla-kapur-award/>).  
For enquiry please write to [info@ispnindia.org](mailto:info@ispnindia.org)

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