

ISPN India Executive Committee Members

Dr. T. Dileep Kumar, Patron

The President, Indian Nursing Council, New Delhi

Dr. K. Reddemma, President

Nodal Officer, INC Ph.D., Consortium

Dr. Nagarajiah

Founder General Secretary

Dr. Ramachandra

Founder Member

Dr. G. Radhakrishnan

Vice President (Admin)

Dr. Sandhya Gupta

Vice President (Academic)

Dr. G. Balamurugan

General Secretary

Dr. KN Jayantfi

Treasurer

Dr. Usha Marathi

Joint Secretary

Dr. M. Vijayarani

Internal Auditor

Dr. Muthuvenkatachalam S

Editor IJPN

Dr. Susilkumar Maheswari

Public Relation Officer

EC Members

Dr. Janarthanan .B (South), Dr. Suresh Kumar Sharma (West)

Dr. Rajratan (Central)

Scan for



REGISTRATION

Scan for



SUBMIT PAPER / E-POSTERS

Places to Visit in Puducherry



Auroville



Aurobindo Ashram



Manakula Vinayagar Temple



Paradise Beach



Basilica



Gandhi Statue

REGISTRATION FEES DETAILS

Categories	Before 31.12.2024	01.01.2025 to 06.02.2025	On Spot
Members (LM and ALM)	4000	4500	5000
Non Members	5000	5500	6000
Students	2500	3000	3500

Registration to be done through <https://ispnindia.org/ispnc25/>

*Accommodation charges are not included in the registration fee & will be paid by delegates directly to the opted occupancy facility.

PROGRAMME SCHEDULE

DAY	TIME	SESSION / EVENTS
DAY 1 07.02.2025	08.30 am - 09.30 am	Registration / Breakfast
	09.30 am - 10.30 am	Session 1
	10.30 am - 11.30 am	Session 2
	11.30 am - 12.00 pm	Tea
	12.00 pm - 01.00 pm	Session 3
	01.00 pm - 02.00 pm	Lunch
	02.00 pm - 03.00 pm	Session 4
	03.00 pm - 04.00 pm	Scientific Paper Presentation - Concurrent Session
	04.00 pm - 04.30 pm	Tea
	04.30 pm - 06.00 pm	Inaugural Function
06.00 pm - 07.30 pm	Cultural	
07.30 pm Onwards	Dinner	

DAY	TIME	SESSION / EVENTS
DAY 2 08.02.2025	08.00 am - 09.00 am	Breakfast
	09.30 am - 10.00 am	Session 5
	10.00 am - 11.00 am	Session 6
	11.00 am - 11.30 am	Tea
	11.30 am - 12.30 pm	Session 7
	12.30 pm - 01.30 pm	Session 8
	01.30 pm - 02.30 pm	Lunch
	02.30 pm - 03.30 pm	Scientific Paper Presentation - Concurrent Session
	03.30 pm - 04.00 pm	Tea
	04.00 pm - 05.00 pm	AGB Meeting

DAY	TIME	SESSION / EVENTS
DAY 3 09.02.2025	08.00 am - 09.00 am	Breakfast
	09.00 am - 10.00 am	Session 9
	10.00 am - 11.15 am	Session 10 - Panel Discussion
	11.15 am - 11.45 am	Tea
	11.45 am - 01.00 pm	Valedictory Function
	01.00 pm - 02.00 pm	Lunch

Note : Refer website for updates



THE FIRST NATIONAL CONFERENCE OF COLLEGE OF NURSING, IGMC&RI & 24th Annual Conference OF INDIAN SOCIETY OF PSYCHIATRIC NURSES

24th ispnc 2025, PUDUCHERRY

February 7th-9th, 2025

Theme : 'It is Time to Prioritise Mental Health in the Workplace'

Venue: **AUDITORIUM**

Indira Gandhi Medical College & Research Institute

Kathirkamam, Puducherry



CHIEF PATRON

Dr. C. Udayashankar, Director, IGMC&RI

PATRONS

Dr. Ramachandra V Bhat Dr. **I. Joseph Raajesh**
Dean, IGMC&RI MS, IGMC&RI

ADVISORS

Mr. S. Mouttoulingam **Mr. K. Vijayakumar**
Administrative Officer, IGMC&RI AFO, IGMC&RI

ORGANISING COMMITTEE

CHAIRPERSON

Dr. E. Premila
Principal,
CON, IGMC&RI

SECRETARY

Dr. K. Ganesh
Faculty in Nursing,
CON, IGMC&RI

REGISTRATION

Dr. M. Santhosikumari
85266 42093
Mr. K. Sundaramoorty
99941 96830

INVITATION

Ms. S. Vasantiy
98949 27056
Ms. S. Chitra
96260 08400

RECEPTION

Ms. S. Praveena
75026 56236
Ms. M. Anithia
8940919142

CATERING

Dr. Noorul Alam
98437 79210
Ms. R. Suriyadevi
97895 45560

FUND RAISING

Dr. E. Premila
94434 84027
Mr. J. Jagadeeswaran
95979 70099

CULTURAL

Ms. K. Kalaiarasi
95855 50590
Dr. J. Jayabharathi
70101 05235

FINANCE

Ms. R. Nithiya
78710 14576
Dr. K. Ganesh
98401 21650

SCIENTIFIC

Ms. B. Laxmi Chaitanya
95000 67370
Ms. I. Tamilselvi
80567 70821

SIGHT SEEING

Ms. P. Uma, 9486537262
Ms. K. Anithia, 95978 26590

HEALTH

Ms. S. Anithia, 9566443064
Ms. A. Priyadharsini, 9176469777

TRANSPORTATION & ACCOMMODATION

Mr. S. Prakash 63039 65649
Ms. S. Rajbhanu, 8807 008286

FELICITATION & MC

Dr. S. Nirmla, 9789228690
Dr. V.V. Sindhu, 90477 35500

Dear Professional Colleagues & Students...

Warm regards from the City of India's little France.....!!

On behalf of College of Nursing, Indira Gandhi Medical College and Research Institute, it is our immense pleasure to invite you for the 24th Annual Conference of ISPN India to be held on 7th to 9th February 2025.

Indira Gandhi Medical College and Research Institute, was established under the aegis of Perunthalaivar Kamarajar Medical College Society by the Government of Puducherry in the year 2010 and is affiliated to the Pondicherry University, a Central University. It is located in the heart of the city of Puducherry around 150 kms from Chennai. It offers both undergraduate and postgraduate courses in the field of medicine.

COLLEGE OF NURSING, IGMCRI

The College of Nursing, IGMCRI was established from the academic year 2023-24, by the Government of Puducherry. It offers undergraduate program in nursing to meet the diverse needs of the health care sector at low cost. Hands-on-training is given to the students at the 1000-bedded parent hospital, as well as in allied urban and rural health centres to prepare global nurses. The College of Nursing is having a vision of starting post-graduate and post-diploma courses in future.

SUBTHEMES

- ❖ Workplace stress- a silent killer
- ❖ Prioritizing mental health in the workplace- an integrated approach
- ❖ Reframing employee health - moving beyond burnout to holistic health
- ❖ Mental health first aid - missing piece in the workplace
- ❖ Challenges in providing workplace mental health - strategies to overcome
- ❖ Healthy organizational culture - mental health at the workplace
- ❖ Measures to reduce burnout, burden, conflicts, and time management in the workplace

- ❖ Positive attitudes of employers in enhancing workplace mental health
- ❖ Work-life balance
- ❖ Strategies for managing workplace stress and burnout
- ❖ Role of individuals, organizations, society, and policymakers in workplace mental health
- ❖ Building resilience and self-care strategies

INVITATION FOR ABSTRACTS

Research papers related to theme and sub-themes are invited for the paper/e-poster presentation. Last date for online submission of paper/short oral communication (e-poster)-5:00 pm, 15.01.2025. Forty quality research papers will have an opportunity to enter the paper/poster competition.

The best paper/poster shall be awarded and also have an opportunity to get published in the UGC Care List Indexed Indian Journal of Psychiatric Nursing (www.ijpn.in)

INSTRUCTION FOR THE PARTICIPANTS

The abstracts are to be submitted in the English language typed on A4 size paper with 12 point font, 1.5 spacing, maximum 250 words highlighting the objectives, methodology and main findings may be submitted before 5:00 pm, 15.01.2025 through ONLINE ONLY (<https://ispnindia.org/paper-poster-submission/>).

The participants must register for the conference. The platform presentation time will be 10 min(8 min presentation + 2 min discussion).

SARLA KAPUR AWARD PAPER PRESENTATION:

Abstract and full text paper submission for SARLA KAPUR-AWARD is invited from young nurse scientists in the area of Mental Health Nursing.

- ❖ Note: Minimum entry 5

Upload on or before 5:00 pm, 15.01.2025 through the ONLINE PORTAL (<https://ispnindia.org/sarla-kapur-award/>).
For enquiry please write to info@ispnindia.org

 Quiz Competition for the Students
with Attractive Cash Prizes Worth 10K